

Keepin' It Fresh

Pastor Jake Stewart
Sunday - 10/14/2018

What do I do now that I have a brand new & soft heart?

Do the _____ things, get the same _____.

It's time to do things differently - _____ !

The devil wants to steal, kill, and destroy your new heart. DO NOT _____ HIM!

How Exactly Do I Guard My Heart?

1. Prayer

It is not possible to pray _____ over someone, in faith, without having a soft heart - Faith works through _____ (Galatians 5:6)

2. Trust God to Handle It

When we "take matters into our own hands," we demonstrate our lack of _____ in God & His _____, commitment, ability, and timing to avenge us.

3. Carefully Choose What You Will Think About

Your life, your _____, and your words will go in the direction of your most _____ thoughts!

4. Daily Be In God's Word - To Be Washed

The daily _____ of our life around God's Word helps us to get a fresh start and fresh alignment so that we don't end up with _____ emotional build-up from days past.

5. Realize This Is Not a Natural Battle - Fight Accordingly

If we think that our fight is a natural one, we will use _____ weapons

If we use the wrong weapons or _____ in a fight, it could be very dangerous to ourself:

1. "Don't bring a knife to a gun fight"
2. Never use water in an attempt to put out an oil fire

6. Stay Anointed

"Get Under the Spout Where the Glory Comes Out" - Rodney Howard-Browne

The Holy Spirit will:

1. _____ us (Titus 3:5)
2. Give us strength through _____ (Neh. 8:10; Acts 13:52)
3. Destroy the _____ in our life (Isaiah 10:27)

The _____ of the Holy Spirit keeps us soft & _____ so we don't fracture & keeps us in a state where things just roll right off of us like water off of a duck's back!

Just One Thing:

Fight Right & Guard your heart daily

By doing so, you can always have a soft heart that is whole and healthy

Keepin' It Fresh

Pastor Jake Stewart
Sunday - 10/14/2018

Questions:

1. What is one food type or dish that you could easily eat every day for a week straight?
2. Read Philippians 4:8 - On a scale from 1-10 (with 10 being perfect) rate how positive your thought-life is. Do you focus on & speak about the things which have "anything praiseworthy?"
3. Read Isaiah 55:8 and share what this means to you in the way you currently live your life & fight the battles you face.
4. Of the 6 ways shared about how to guard your heart, which of these methods do you feel you need to give the most attention to in defense of your heart & why?