

God's Divine Plan for a Healthy You

Drs. Mark & Michele Sherwood (ND/DO)

3/24/2019

Connect Group Discussion Questions:

- 1) What's the spiciest thing you've ever eaten? Tell your group about the experience.

- 2) What was the statement, point, idea, or revelation that stood out most to you from Drs. Mark & Michele's message this Sunday? What about that thing that caught your attention?

- 3) Read 1 Corinthians 6:19,20 and share what that passage means to you & how you can apply this passage in your life.

- 4) Dr. Mark stated that "Satan's strategy was to convince Adam and Eve that what God had given to them was NOT enough. What area of your life do you feel you don't have enough, but it's not ACTUALLY the truth?

- 5) Read 1 John 4:18 & John 3:16. Share how you can apply this to the area you identified in question #4.